

HIGH FIDELITY WRAPAROUND

Helping youth and families realize their hopes and dreams.



CENTERED ON THE THEORY OF CHANGE

Using The Theory of Change that focuses on the youth and family's prioritized needs, self-efficacy, natural support systems, and integration of plans, High Fidelity Wraparound (HFW) supports families in building a sustainable model for their future. Our goal is to help participants develop the skills and systems they need to thrive using their own resources, community, and abilities.

WHO IS APPROPRIATE?

Any youth ages 10-17 who reside in Delaware County.

CONTACT

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WHAT IS HIGH FIDELITY WRAPAROUND?

Child Guidance Resource Centers is the High Fidelity Wraparound (HFW) provider for youth enrolled in Delaware County's Juvenile Mental Health Treatment Court. All youth & families are able to receive their HFW services and behavioral health treatment within the continuum of care at Child Guidance Resource Centers. HFW is a youth-guided and family-driven process that helps family's meet basic needs, strengthen support networks, and empower participants to change their future.

HOW IT WORKS:

Over 6-18 months, families work with the program facilitator, Family Support Partner and Youth Support Partner to set and achieve goals through four phases:

- 1) Engagement and Team Preparation: The HFW team, client, and family discuss strengths, needs, culture, and vision for the family & begin developing the plan.
- 2) Initial Plan Development: The team creates a plan of care taking into account the needs of the youth and family. The family actively participates in identifying their needs & developing a plan they actively support.
- 3) Implementation: Throughout this phase, progress and success are continually reviewed and changes are made as appropriate. The program facilitators adapt and support the family to practice skills until the overall goal is achieved.
- 4) Transition: Plans are made for transition from HFW to community supports. Transition is a central part of the process, enabling families to thrive after the program is complete.

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TO LEARN MORE

To learn more about the listed programs or to view our other mental health services, visit our website at www.cgrc.org. At Child Guidance, we know that effective and supportive mental healthcare can make a difference for not just an individual, but for generations. When you change one life, you change the future.

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CHILD GUIDANCE PROGRAMS

Child Guidance Resource Centers offers 26 programs for children & families with mental health needs. Youth enrolled in HFW are able to also receive behavioral health treatment services comprised of the following programs:

OUTPATIENT SERVICES

Outpatient Services include individual, family, and group therapy as well as psychiatric services. In weekly sessions, therapists address the youth's emotional, social & behavioral difficulties. Child Guidance offers the evidence based treatment modality, Trauma-Focused Cognitive Behavioral Therapy. Outpatient counseling for substance use is also available.

FAMILY BASED MENTAL HEALTH SERVICES

This community-based program, known as Family First, helps families address needs and build on strengths. Over 32 weeks, families work with two master's level clinicians in the home, school & community to address systemic issues contributing to struggles.

MULTI-SYSTEMIC THERAPY

Multi-Systemic Therapy (MST) is an evidence-based program for adolescents struggling with chronic, delinquent behavior & emotional issues. The program helps the youth and caregiver build support networks & address the adolescent's needs to effectively change behavior.

INTENSIVE BEHAVIORAL HEALTH SERVICES

Intensive Behavioral Health Services (IBHS) is a community-based service that occurs across the home, school, and/or community settings using strength-based goals. Therapists work with children and families to transfer skills to change targeted behavior.